

Roll No.:

**Rufaida College of Nursing
Jamia Hamdard
Nutrition & Dietetics
Paper Code: BSN PB-102**

Time: 2 Hours

Maximum Marks: 35

SECTION- A

Q. 1. Briefly describe ANY FIVE of the following:

(5X2=10)

- I. Body Mass Index
- II. Food Hygiene
- III. Anemia during pregnancy
- IV. Food fortification
- V. Anthropometric assessment
- VI. Advantage of steaming as a method of cooking
- VII. Dietary sources of Vitamin A

SECTION- B

Q. 2. What is diet therapy? State the importance of diet therapy in maintenance of health of the patients. Write the therapeutic diet for a patient with hypertension.

(2+4+4=10)

SECTION- C

Q. 3. What is Protein Energy Malnutrition? Enlist the causes of Protein Energy Malnutrition. Explain the role of nurse in prevention and management of Protein Energy Malnutrition.

(2+5+8=15)