

Rufaida College of Nursing
Jamia Hamdard, New Delhi
Post Basic B.Sc. Nursing I Year, March 2023
Psychology
Paper Code: BSN PB 104

Time: 3 Hours

M. M: 75

Section A

Answer ALL the questions.

I. Define the following terms (Attempt All):

(10X2=20)

1. Perception
2. Mental Hygiene
3. IQ
4. Defence Mechanism
5. Reinforcement
6. Frustration
7. Self-Actualization
8. Approach-Avoidance Conflict
9. Operant Conditioning
10. Retrospective Memory

Section B

II. Answer any TWO of the following:

1. Define Personality. Describe types of personality. Explain in detail Bandura's social learning theory of personality. **(3+6+6=15)**
2. What do you mean by the term attitudinal change? Discuss different factors affecting the development of attitudes of individuals. What should be the attitude of a nurse to deal with a patient? **(3+6+6=15)**
3. Explain the term learning. Describe the laws of learning. What are the principles of classical conditioning? **(3+6+6=15)**
4. Explain the concept of mental health. How do people use defence mechanisms? How can a nurse identify a mentally ill person? **(3+6+6=15)**

Section C

III. Answer any FIVE of the following:

(5X5=25)

1. Types of conflicts
2. Heredity and environment.
3. Mental age (M.A.) and Intelligence Quotient (IQ) with examples.
4. Role of psychology in patient care.
5. Maslow's hierarchy of needs.
6. Psychological need of Caretakers/attendants.
7. Perceptual errors.
8. ST and LT memory.