

Roll No :

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RUFAIDA COLLEGE OF NURSING
B.SC. (HONS.) NURSING V SEMESTER EXAMINATION
BACKLOG EXAMINATION- MARCH 2024
MENTAL HEALTH NURSING
PAPER CODE: BSN 503

Time: Three hours

Max. Marks: 75

(Write your Roll No. at the top immediately on receipt of this question paper)

Note: Attempt ANY FIVE questions.

Q1. Mrs. S, 30 years old, is having intrusive thoughts of fear of contracting infections. Since last two months, she has been engaged in excessive hand washing and cleaning her room, disrupting her social and occupational functioning. She is admitted in psychiatric ward for treatment.

- a) What could be a possible clinical diagnosis of this case? Give rationale.
- b) Describe the treatment options for Mrs. S.
- c) Prepare a nursing care plan for Mrs. S, based on three priority needs. (3+4+8=15)

Q2. a) Describe the admission and discharge procedure into a mental health hospital.

- b) Discuss the role of mental health nurse in admission & discharge. (7.5+7.5=15)

Q3. a) Discuss the phases of Crisis.

- b) Enlist the techniques of Crisis Intervention.
- c) Discuss the role of nurse in Crisis Intervention. (3+4+8=15)

Q4. Mr. Y, a 33 years old patient is admitted in psychiatry ward. He is exhibiting self-smiling, self-crying, delusion of persecution and self-care deficit. He is diagnosed as a case of Paranoid Schizophrenia.

- a) List the positive & negative symptoms of Schizophrenia.
- b) Describe the treatment modalities for Paranoid Schizophrenia.
- c) Discuss the nursing management for Mr. Y. (3+4+8=15)

Q5. Write the nursing responsibilities for the following:

- a) While patient is undergoing ECT.
- b) While administering anti-psychotic drugs.
- c) Alcohol withdrawal syndrome. (3x5=15)

Q6. Write short notes on ANY THREE of the following:

- a) Principles of Mental Health Nursing.
- b) Anorexia Nervosa.
- c) National Mental Health Programme.
- d) Attention Deficit Hyperactive Disorder (ADHD).
- e) Therapeutic impasses and its intervention. (3x5=15)