

Roll No.:.....

JAMIA HAMDARD
RUFAIDA COLLEGE OF NURSING
P. B. B. Sc. NURSING I YEAR
ANNUAL EXAMINATION, FEBRUARY/MARCH 2024
NUTRITION AND DIETETICS
PAPER CODE: BSN PB 102

Time: 2 hours

Max. Marks:35

(Write your Roll No. at the top immediately on receipt of this question paper)

Section A

Very Short Type Questions: Attempt *ALL THREE* questions.

- Q1. (a) Define malnutrition.
(b) Define Supplementary feeding.
(c) Enlist the substitutes for non-vegetarian foods. (3x2=6)

Section B

Long Answer Type Questions: Attempt *ANY ONE* question.

- Q2. (a) 'Nutritious diet is not necessarily at a high cost.' Comment with suitable examples.
(b) Discuss the methods of assessing nutritional status of an individual. (7+8=15)

OR

- (a) Enlist the factors to be considered in planning a meal for the pre- school children.
(b) Plan one day menu for an adolescent school going girl (7+8=15)

Section C

Short Type Questions: Attempt *ANY FOUR* questions.

- Q3. (a) Enlist the significance of micronutrients in diet.
(b) Describe the need for therapeutic diet for a patient during post operative period.
(c) Explain the need of nutrition education.
(d) Explain the nutritional requirements for lactating mothers.
(e) Enlist the significance of food preservation. (4x3.5=14)